

Bronze, Silver & Gold packages – how it might look

	BRONZE 	SILVER 	GOLD 
Checkpoint Meetings (x10) Initial Meeting Rules Meeting Check-ins Close-Out Meeting	30 minutes 60 minutes 7 x 15 minutes 60 minutes <i>Program cost: \$899</i>	60 minutes 90 minutes 7 x 30 minutes 60 minutes <i>Program cost: \$1,999</i>	Unlimited <i>Program cost: \$3,499</i>
Optional Health Tests You will be guided on whether tests are needed or recommended. Referrals are provided. <i>Prices shown are estimates ⁽¹⁾</i>	<ul style="list-style-type: none"> • 2x DEXA body composition scans (\$140) • Basic blood tests (\$150) <i>Estimated cost of \$250</i>	<ul style="list-style-type: none"> • 2x DEXA body composition scans (\$140) • Advanced blood tests (\$300) • 2 x Omega 3 tests (\$120) <i>Estimated cost of \$560</i>	All included – as required. For example, DEXA body composition scans, advanced bloodwork, Oura ring, Glucose tracking device, Omega 3 testing, stool testing, metabolism tracking and more. <i>No additional costs</i>
How to sign-up			Call or email Nicky to get started. info@nickyclarknutrition.com 0487 660 161
ESTIMATED COST	\$1,149	\$1,999	\$3,499

(1) Health tests costs may be nil – you do not need to buy any health tests to do the program.

10-weeks to better health

Look good. Feel good.